

# Lighter Side of Medicine

**HUMOR** HOTEL SECURITY

A friend and I stayed at a Chicago hotel while attending a convention. Since we weren't used to the big city, we were overly concerned about security.

The first night we placed a chair against the door and stacked our luggage on it. To complete the barricade, we put the trash can on top. If an intruder tried to break in, we'd be sure to hear him.

Around 1 AM there was a knock on the door. "Who is it?" my friend asked nervously.

"Honey," a woman on the other side yelled, "you left your key in the door."

**UPSET IS UNHEALTHY**

The mother of a problem child was advised by a psychiatrist, "You are far too upset and worried about your son. I suggest you take tranquilizers regularly."

On her next visit the psychiatrist asked, "Have the tranquilizers calmed you down?"

"Yes," the boy's mother answered.

"And how is your son now?" the psychiatrist asked.

"Who cares?" the mother replied.

**CARPENTER'S DISTANCE**

A carpenter was giving evidence about an accident he had witnessed.

The lawyer for the defendant was trying to discredit him and asked him how far away he was from the accident.

The carpenter replied, "Twenty-seven feet, six and one-half inches."

"What? How come you are so sure of that distance?" asked the lawyer.

"Well, I knew sooner or later some idiot would ask me, so I measured it!" replied the carpenter.

**INSPIRATIONAL STORY** DO NOT BE JEALOUS

We all have experienced how jealousy can disturb our peace of mind. You know that you work harder than your colleagues in the office, but sometimes they get promotions; you do not. You started a business several years ago, but you are not as successful as your neighbor whose business is only 1 year old. There are several examples like these in everyday life.

Should you be jealous? No. Remember everybody's life is shaped by his/her destiny, which has now become his/her reality. If you are destined to be rich, nothing in the world can stop you.

If you are not so destined, no one can help you either. Nothing will be gained by blaming others for your misfortune.

Jealousy will not get you anywhere; it will only take away your peace of mind.

**Dr. Good and Dr. Bad**

**SITUATION:** A 41-year-old female with T1DM from the past 6 years had HbA1c more than 8%, despite multiple daily injections and thus was advised continuous subcutaneous insulin infusion (CSII).

**LESSON:** It has been reported that CSII is an effective method for improving HbA1c, particularly in patients with HbA1c more than 8% prior to initiation of CSII. The incidence and progression rates of complications such as retinopathy and albuminuria are low, especially in those with a diabetes duration less than 15 years at the time of commencement of CSII.

J Diabetes Sci Technol. 2017;11(5):924-9.