

The Science of Power

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Power is the ability to influence others to get a work done the way you want it. We have seen evolution in the way power works. There was a time when Brahmins ruled using the power of knowledge; then came the era of Kshatriyas, who ruled using the physical power. This was followed by the era of Vaishya ruling the world with the power of money and a time will come when Shudras will rule with the power of their work.

In one of his lectures, Deepak Jain from Kellogg's said that the world has seen eras of physical power, economic power and the time has come that it will now be ruled by the power of human resources.

Former Governor of Mizoram, AR Kohli, in one of his talks, said that there are four types of powers which govern the universe and these are – physical power, economic power, the power of the chair (ego) and the power of the human resource, which is based on consciousness.

Everyone has these four inherent powers. The physical power is based on fear, *tamas* and *rajas*. The economic and the power of chair are linked to one's ego and *rajas*. It is the power of human resource which is linked to the soul, consciousness and *Satva*.

The physical power is at the level of body, economic power is at the level of mind, the power of chair is at the level of intellect and ego and the power of human resources is at the level of soul. It is the power of human resource which is based on *Dharma* and is universally accepted by all religions.

As per Mahabharata, the powers are the power of human resource (righteousness or *Yudhishtir*), power to remained focused (*Arjun*), power to fight injustice (*Bheem*), power to help others (*Sahdev*) and power to remain neutral during any adversity (*Nakul*).

In Vedic sciences, these powers are also defined as *Ichha shakti* (the power of desires to be with the consciousness), *Kriya shakti* (the power to do selfless work), *Gyan shakti* (the power to learn about consciousness), *Chitta shakti* (the power to take consciousness-based decisions) and *Anand shakti* (the power for inner happiness).

The power of human resources talks about cultivating relationships. It is not based on the principles of survival of the fittest, which is an animal behavior. The power of human resource believes in training and developing everyone to survive and become the fittest of the fit.

Group Editor-in-Chief, IJCP Group



Self-Swab COVID-19 Home Testing Appears Comparable

According to a new study, symptomatic people who seek COVID-19 testing can effectively swab themselves at home.

The study noted that the results of such testing were comparable to that with traditional nasopharyngeal swabbing by clinicians. Home swab testing was shown to be 80% sensitive and 98% specific for detecting SARS-CoV-2 compared with testing administered by clinicians, suggest investigators at the University of Washington School of Medicine in Seattle. The study was published online in *JAMA Network Open...* (*Medscape*)