Lighter Side of Medicine

HUMOR

DON'T GET TOO COMFORTABLE

The CEO of a large TPA dies and goes to heaven. St. Peter shows him to a lovely villa, wonderful music, great views, full staff of servants, gourmet meals, etc. The CEO says, "This is terrific!"

"Don't get too comfortable," says St. Peter. "You're only approved for a three–day stay."

DOCTOR COMPLAINING TO MECHANIC

A doctor is talking to a car mechanic, "your fee is several times more per hour then we get paid for medical care."

'Yeah, but you see, doc, you have always the same model! It hasn't changed since Adam. But we have to keep up to date with new models coming every month"

CAN I HELP YOU?

A young businessman had just started his own firm. He had just rented a beautiful office and had it furnished with antiques. He saw a man come into the outer office. Wishing to appear the hot shot, the businessman picked up the phone and started to pretend he had a big deal working. He threw huge figures around and made giant commitments.

Finally he hung up and asked the visitor, "Can I help you?"

"Yeah, I've come to activate your phone lines."

JOGGING SHOES

Deciding to take up jogging, the middle–aged man was astounded by the wide selection of jogging shoes available at the local sports shoe store.

While trying on a basic pair of jogging shoe, he noticed a minor feature and asked the clerk about it.

"What's this little pocket thing here on the side for?"

"Oh, that's to carry spare change so you can call your wife to come pick you up when you've jogged too far."

STEPS TO HAPPINESS

Everybody Knows: You can't be all things to all people. You can't do all things at once. You can't do all things equally well. You can't do all things better than everyone else. Your humanity is showing just like everyone else's.

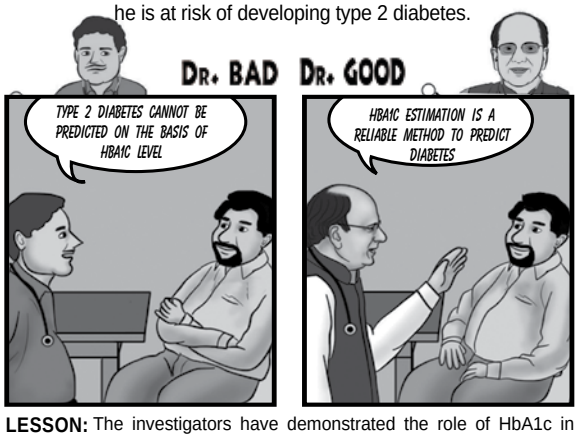
So: You have to find out who you are, and be that. You have to decide what comes first, and do that. You have to discover your strengths, and use them. You have to learn not to compete with others, because no one else is in the contest of *being you*.

Then: You will have learned to accept your own uniqueness. You will have learned to set priorities and make decisions. You will have learned to live with your limitations. You will have learned to give yourself the respect that is due. And you'll be a most vital mortal.

Dare To Believe: That you are a wonderful, unique person… That you are a once-in-all-history event… That it's more than a right, it's your duty, to be who you are… That life is not a problem to solve, but a gift to cherish. And you'll be able to stay one up on what used to get you down.

Dr. Good and Dr. Bad

SITUATION: A 39-year-old man whose HbA1c level had increased from the past 2 years (from 5.7% to 6.4%) was told that he is at risk of developing type 2 diabetes.



LESSON: The investigators have demonstrated the role of HbA1c in predicting type 2 diabetes in different situations. It can be used for determining people at high risk of developing type 2 diabetes in both short- and long-term.

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