Trust Your Relationship

When you see a couple fight or having a petty argument, what is the first thing that comes to your mind?

Probably you think that you will never allow arguments to set in your relationship (especially when you get married), or will never start one, but arguments seem to come naturally. You tend to argue about the brand of coffee, or what to eat at lunch, or who will do the dishes. Irrespective of the reason for the argument, patching up a troubled relationship and looking for a solution is very important.

Next to God, partners are a believer's most valuable asset. Companions lend a listening ear to our troubles, support our dreams, and also provide a safety net when we fall. They give us love, even when we may seem unlovable. They are and must be our friends. However, sometimes, we go through troubled times and need to look for a solution through the following steps:

- Address the situation and acknowledge that something is amiss and needs to be fixed.
- Identify the problem. Discuss with your partner where the relationship veered off course and what wrong has been spoken or committed. Be honest and let your honesty be in its proper place. Remember, you are talking to your partner, who is another half of yourself.
- Apologize - Accept responsibility for your actions and seek forgiveness.
- Do not play the blame game. And avoid defending yourself. While there will always be a temptation to argue over who did what but the ultimate goal is not proving who is right; instead, the goal is to save the relationship.
- Try to make amends. Ask what you can do to rebuild closeness. It is important to do willingly whatever is requested.
- Commit to rebuilding. Devote time, energy, and love to restore the relationship.

To have the blessing of a good relationship, with a partner who accepts and loves us, we must be willing to pay the high price of patching things up. Walking away might seem easier, but in the long run, we would lose a valuable treasure.

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