

Lighter Side of Medicine

HUMOR **YOU SHOULD WRITE MORE LEGIBLY**

As an English professor, my father would often write little notes on student essays. Often he worked late, and as the hours passed, his handwriting deteriorated.

One day a student came to him after class with an essay that had been returned. "Mr McDonald," he said, "I can't make out this comment you wrote on my paper." My father took the paper and, after studying it, sheepishly replied, "It says that you should write more legibly."

NEW DISEASE

A recent college graduate took a new job in a hilly Eastern city and began commuting each day to work through a tiring array of tunnels, bridges, and traffic jams. Thinking it would make the trip more bearable, he invited several coworkers to share the ride. However, the commute actually got more stressful, especially the trips through the tunnels. He consulted the company doctor.

"Doc," the frustrated commuter complained, "I'm fine on the bridges, in the traffic, in the day and at night, and even when Joe forgets to bathe all week. But now, when I get in the tunnels with those four other guys crowded into the car, I get anxious and dizzy, and I feel like I'm going to explode."

Without further analysis, the doctor announced he had diagnosed the ailment. "What is it, Doc? Am I going insane?"

"No, no, no, my boy. You have something that is becoming more and more common." "Tell me! What is it?"

"You have what is known as Carpool tunnel syndrome."

I KEEP THINKING I'M GOD

Doctor, Doctor! I keep thinking I'm God!

Doc: When did this start?

Well first I created the sun, then the earth, then the...

A MAN WAS JUST WAKING

A man was just waking up from anesthesia after surgery, and his wife was sitting by his side.

His eyes fluttered open and he said, "You are gorgeous."

Then he fell asleep again. His wife had never heard him say that, so she stayed by his side.

A few minutes later, his eyes fluttered open and he said, "You are beautiful!"

Then he fell asleep again.

After a few minutes, he again opened his eyes and said, "You are cute!"

The wife was disappointed because instead of 'gorgeous' or 'beautiful,' it was now just 'Cute.'

She said, "What happened to 'gorgeous, beautiful'?"

Her husband replied, "The drugs are wearing off!"

Dr. Good and Dr. Bad

SITUATION: A type 2 diabetic obese patient was switched to full meal replacement, low-calorie diet from diabetic medication that led to weight gain as a side effect.



LESSON: Evidence suggests that a 6-month full meal replacement, low-calorie diet program seems to be an efficacious and safe option for improving HbA1c levels in obese patients with T2DM taking medications. The percentage of weight loss is expected to be considerably better in patients who no longer require diabetes medications. Moreover, HbA1c levels could be best controlled in patients who are on weight neutral drugs.

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