Lighter Side of Medicine

HUMOR

Patient: "Doctor, I get heartburn every time I eat birthday cake."
Doctor: "Next time, take off the candles."

Patient: "Doctor, I think I need glasses."
Teller: "You certainly do! This is a bank."

Patient: "Doctor, I broke my arm in two places."
Doctor: "Stop going to those places."

Patient: "Doctor, doctor, I feel like a dog."
Doctor: "How long have you felt like this?"
Patient: "Since I was a puppy."

Patient: "Doctor, are the test results ready yet? I'm dying of curiosity!"
Doctor: "Actually, not only from curiosity."

Doctor: "You're losing a lot of blood and need an infusion. What's your blood type?!"
Patient: "B positive."
Doctor: "I'm trying, but you've lost a lot of blood."

Doctor: "You're as healthy as a horse!"
Patient: "That's great."
Doctor: "A horse with kidney stones."

Doctor: "I'm sorry, but you only have 5 minutes to live."
Patient: "Five minutes?! Is there anything I can do?"
Doctor: "Boil an egg?"

Patient: "Doctor, I have a ringing in my ear."
Doctor: "Then whatever you do, don't answer it."

Patient: "Doctor, everyone hates me."
Doctor: "Don't be ridiculous. Not everyone has met you."

Doctor: "Bad news: Your white blood cells are elevated."
Patient: "What does that mean?"
Doctor: "Up."

Patient: "Doctor, Doctor! My son just swallowed a roll of film!"
Doctor: "Let's hope nothing develops."

Patient: "Doctor, it hurts when I do this."
Doctor: "Then don't do that."

Patient: "Doctor, my throat is sore."
Doctor: "Go to the window and stick out your tongue."
Patient: "Will that make me feel better?"
Doctor: "No, I just hate my neighbor."

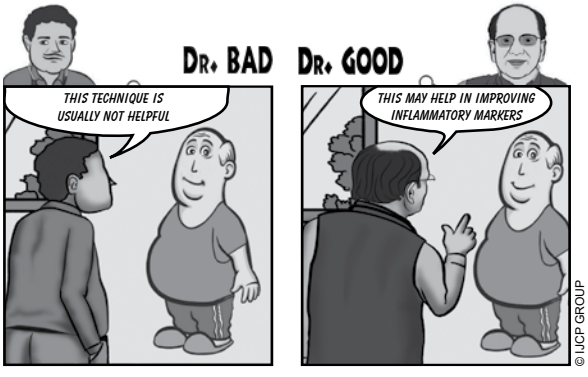
Patient: "Doctor, my child swallowed a pen. What should I do?"
Doctor: "Use a pencil."

Patient: "Doctor, will be able to play in the band?"
Doctor: "No. You have Tuba-culosis."

Patient: "Doctor, every time I look into the mirror, I get sick to my stomach. What's wrong with me?"
Doctor: "I don't know, but your eyesight is perfect."

Dr. Good and Dr. Bad

SITUATION: A 68-year-old obese man with T2DM was advised high-intensity progressive resistance training with moderate weight loss.



LESSON: It has been reported that long-term involvement of around 12 months in progressive resistance training, independent of change in weight, can lead to slight improvements in certain inflammatory markers in older overweight adults with T2DM.

Eur J Appl Physiol. 2017;117(8):1669-78.