

# Lighter Side of Medicine

## HUMOR

### THE CHECKUP

A man goes to his doctor for a complete checkup. He hasn't been feeling well and wants to find out if he is ill. After the checkup, the doctor comes out with the results of the examination.

"I'm afraid I have some bad news. You're dying and you don't have much time," the doctor says.

"Oh no, that's terrible. How long have I got?" the man asks.

"10..." says the doctor.

"10? 10 what? Months? Weeks? What?!" he asks desperately.

"10...9...8...7..."

### DO YOU NEED A FORK?

A man walks into a doctor's office. He has a cucumber up his nose, a carrot in his left ear and a banana in his right ear. "What's the matter with me?" he asks the doctor. The doctor replies, "You're not eating properly."

### A CURE-ALL

A guy suffering from a miserable cold begs his doctor for relief. The doctor prescribes pills. But after a week, the guy's still sick. So the doctor gives him a shot. But that doesn't help his condition either. On his third visit, the doctor thinks for a beat, then says, "Okay, this is what I want you to do. Go home. Take a hot bath. Then throw open all the windows and stand in the draft." The patient protests, "But I'll get pneumonia!" The doctor nods, "I know. And that I can cure."

### MY JOB IS BETTER ...

During an appointment, a lawyer chats with their doctor, saying, "My job is the best. People come into my office, tell me their problems, and pay me for my advice." The doctor chuckled, "Well, at my job, people come into my office, tell me their problems, *take off all their clothes*, and then pay me for my advice."

### BAD NEWS AND VERY BAD NEWS

Doctor: I have some bad news and some very bad news.

Patient: Well, might as well give me the bad news first.

Doctor: The lab called with your test results. They said you have 24 hours to live.

Patient: 24 HOURS! That's terrible!! WHAT could be WORSE? What's the very bad news?

Doctor: I've been trying to reach you since yesterday.

### A MATTER OF PERSPECTIVE

A rich businessman starts choking on a fish bone at a restaurant. Fortunately, a doctor seated at a nearby table springs up and performs the Heimlich maneuver to save his life. "Thank you, thank you!" said the businessman. "Please, allow me to pay you for this.. Name your fee." The doctor considers this, then says, "How about half of what you'd have offered when the bone was still stuck in your throat?"

## Dr. Good and Dr. Bad

**SITUATION:** A man with type 2 diabetes who was on oral hypoglycemic drugs was advised to perform some laughter exercises at home as a part of treatment.



**LESSON:** It has been reported that laughter therapy is effective in retarding the onset of diabetic complications, enhancing cardiovascular functions and rectifying homeostatic abnormalities associated with type 2 diabetes. Thus, it should be used as an adjunctive therapy.

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