

Lighter Side of Medicine

HUMOR

TOP SECRET COMMUNICATIONS CENTER

When my son was in the Air Force, my wife and I visited quite often. On our first visit, we were allowed inside this top secret Communications Center, but everything in sight was covered up so we could look around everywhere — Heck, even the toilet paper in the Men's room was disguised.

Anyway, at the exit, there's a sign above the door, which reads: "You have been exposed to Top Secret Material. Please destroy yourself before leaving the building." Matka was caught by the police.

Police: How did you kill 20 people..?

Matka: Mai gaadi tez chala raha tha par jab maine brake lagaya, to pata laga ki brake fail ho gaye hai. Phir maine saamne dekha to 2 aadmi ja rahe the... doosri taraf 1 barat ja rahi thi. Ab aap batao mai gaadi kidhar modta..?

Police: Of course, jis taraf 2 aadmi the. Nuksan kam hota.

Matka: Exactly. Maine bhi yehi socha tha par woh 2 aadmi meri gaadi dekh kar barat me ghus gaye... Toh mai kya karta!!!

FAINTING

The man passed out in a dead faint as he came out of his front door onto the porch. Someone called 911.

When the paramedics arrived, they helped him regain consciousness and asked if he knew what caused him to faint.

"It was enough to make anybody faint," he said. "My son asked me for the keys to the garage, and instead of driving the car out, he came out with the lawn mower!"

STUDENT WHO OBTAINED 0% ON AN EXAM

Q. In which battle did Napoleon die?

A. His last battle

Q. Where was the Declaration of Independence signed?

A. At the bottom of the page.

Q. River Ravi flows in which state?

A. Liquid

Q. What is the main reason for divorce?

A. Marriage

Q. What is the main reason for failure?

A. Exams

Q. How can a man go 8 days without sleeping?

A. No problem, he sleeps at night.

Q. How can you lift an elephant with one hand?

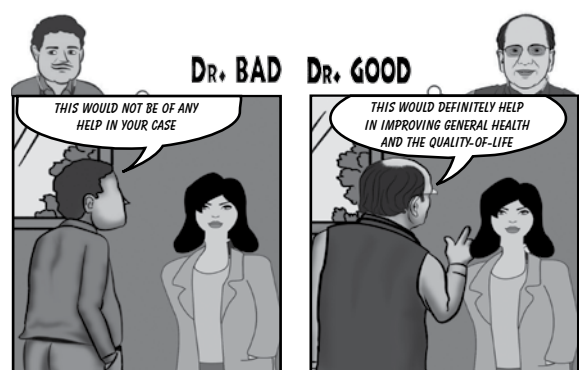
A. You will never find an elephant that has only one hand.

Q. How can you drop a raw egg onto a concrete floor without cracking it?

A. Any way you want, concrete floors are very hard to crack.

Dr. Good and Dr. Bad

SITUATION: A 30-year-old female with a history of GDM was planning second pregnancy. She was advised to indulge in leisure-time physical activity and maintain cardiorespiratory fitness.



LESSON: A positive relationship of cardiorespiratory fitness and leisure-time physical activity has been demonstrated with perceived general health and physical well-being in females planning pregnancy and are at risk for GDM. Thus, even a slightly better cardiorespiratory fitness in those with low levels would prove to be beneficial.

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