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Lighter Side of Medicine

HUMOR

DREAM OF A NECKLACE

After she woke up, a woman told her husband, "I just dreamed that you gave me a pearl necklace for our anniversary. What do you think it means?"

"You'll know tonight", he said.

That evening, the man came home with a small package and gave it to his wife.

Delighted, she opened it to find a book entitled "The Meaning of Dreams."

THINK ABOUT ME

Think big, Think smart,

Think positive, Think beautiful,

Think great, I know this is too much for you, so here is a shortcut.

Just think about ME…

FOR CRYING OUT LOUD

With all the new technology regarding fertility, an 88-year-old woman was able to give birth to a baby recently. When she was discharged from the hospital and went home, various relatives came to visit. "May we see the new baby?" one of them asked. "Not yet," said the mother. "I'll make coffee and we can visit for a while first."

Another half-hour passed before another relative asked, "May we see the new baby now?"

"No, not yet," said the mother. A while later and again the guests asked, "May we see the baby now?"

"No, not yet," replied the mother.

Growing impatient, they asked, "Well, when can we see the baby?"

"When it cries!" she told them.

"When it cries?" they gasped. "Why do we have to wait until it cries?"

"Because, I forgot where I put it."

NEW DISEASE

A recent college graduate took a new job in a hilly city and began commuting each day to work through a tiring array of tunnels, bridges and traffic jams. Thinking it would make the trip more bearable, he invited several coworkers to share the ride. However, the commute actually got more stressful, especially the trips through the tunnels. He consulted the company doctor.

"Doc", the frustrated commuter complained, "I'm fine on the bridges, in the traffic, in the day and at night, and even when Joe forgets to bathe all week. But now, when I get in the tunnels with those four other guys crowded into the car, I get anxious and dizzy, and I feel like I'm going to explode."

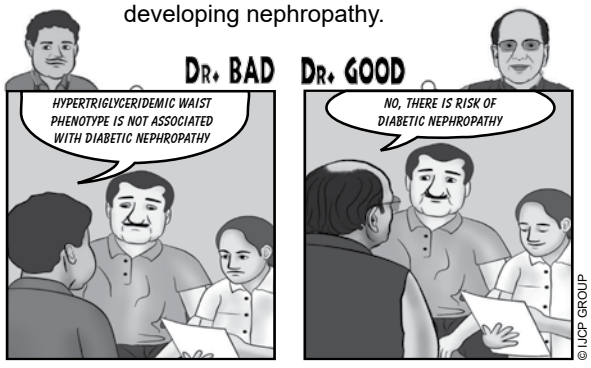
Without further analysis, the doctor announced he had diagnosed the ailment. "What is it, Doc? Am I going insane?"

"No, no, no, my boy. You have something that is becoming more and more common." "Tell me! What is it?"

"You have what is known as Carpool tunnel syndrome."

Dr. Good and Dr. Bad

SITUATION: A man with type 2 diabetes who had hypertriglyceridemic waist phenotype marked by serum triglyceride concentrations as 195 mg/dL and waist circumference as 94 cm was informed to be at risk of developing nephropathy.



LESSON: A cross-sectional study has shown a significant link between hypertriglyceridemic waist phenotype and early diabetic nephropathy in individuals with type 2 diabetes.

Cardiorenal Med. 2017;7(4):295-300.