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Lighter Side of Medicine

HUMOR

THE SHIPWRECKED MARINER

The shipwrecked mariner had spent several years on a deserted island. Then one morning he was thrilled to see a ship offshore and a smaller vessel pulling out toward him.

When the boat grounded on the beach, the officer in-charge handed the marooned sailor a bundle of newspapers and told him, "The captain said to read through these and let us know if you still want to be rescued."

INTERVIEW WITH CHRIS GAYLE'S SON

Beta, which standard are you in?

–SIX

And how far is your school?

– At a distance of 10 SIXES from home.

Okay, tell me how much is a dozen?

– 2 SIXES

How many months are in a year?

– 2 SIXES

How many days are in a month?

– 5 SIXES

Umm… ok, I wanna talk to your father, can you give me his no.?

– SIX SIX SIX SIX SIX SIX SIX SIX SIX SIX!

JEALOUSY

A guy approached a beautiful looking woman in a mall and asked, "You know, I've lost my wife here in the mall. Can you talk to me for a couple of minutes?"

"Why?" she asks.

"Because every time I talk to a beautiful woman, my wife appears out of nowhere."

FROM SKIPPING

A blonde woman is terribly overweight, so her doctor puts her on a diet. "I want you to eat regularly for 2 days, then skip a day and repeat this procedure for 2 weeks. The next time I see you, you'll have lost at least 5 pounds."

When the blonde returned, she shocked the doctor by losing nearly 20 pounds.

"Why, that's amazing!" the doctor said. "Did you follow my instructions?"

The blonde nodded. "I'll tell you though, I thought I was going to drop dead that third day."

"From hunger, you mean?" asked the doctor.

"No, from skipping."

I THOUGHT I WAS

A certain little girl, when asked her name, would reply, "I'm Mr Sugarbrown's daughter."

Her mother told her this was wrong, she must say, "I'm Jane Sugarbrown."

The Vicar spoke to her in Sunday school and said, "Aren't you Mr Sugarbrown's daughter?"

She replied, "I thought I was, but mother says I'm not."

Dr. Good and Dr. Bad

SITUATION: The son of a 66-year-old man with type 2 diabetes wanted to know whether the decline in cognitive function of his father was associated with type 2 diabetes.



LESSON: A cross-sectional study showed that in individuals aged ≥65 years, cognitive and physical fragilization is relatively more frequent and is seen at an earlier age in people with type 2 diabetes than in those without diabetes.

Diabetes Res Clin Pract. 2017;135:206-17.

IJCP SUTRA: *"Exercises and stretches can help maintain strength and stop joints becoming stiff in children with spinal muscular atrophy (SMA). Although the amount of exercise will depend on the condition, it's best to try and stay as active as possible."*