Indian Journal of Clinical Practice, Vol. 31, No. 2, July 2020

Lighter Side of Medicine

HUMOR

PRICE YOU PAY FOR BEING GOOD

Three men were waiting to go to heaven. St Peter was at the gate and said, "However, good you were to your wife that is the vehicle you will get in heaven".

The first guy comes up to the gate and says, "I never, ever cheated on my wife and I love her". So, St Peter gives him a Rolls Royce.

The next man comes up and says, "I cheated on my wife a little but I still love her." He gets a mustang and drives off into heaven.

The next guy came up and said, "I cheated on my wife a lot". He gets a scooter.

Next day the guy that got the scooter was riding along and he saw the guy who owned the Rolls Royce crying.

He asked, "Why are you crying you have such a nice car?!" and the man sobbed, "My wife just went by on roller skates".

I COULD USE A LITTLE MONEY

Dear Father, $chool i$ really great. I am making lot$ of friend$ and $tudying very hard. With all my $tuff, I $imply can't think of anything I need, $o if you would like, you can ju$t $end me a card, a$ I would love to hear from you. Love, Your $on.

After receiving his son's letter, the father immediately replies by sending a letter back.

Dear Son, I kNOw that astroNOmy, ecoNOmics and oceaNOgraphy are eNOugh to keep even an hoNOr student busy. Do NOt forget that the pursuit of kNOwledge is a NOble task, and you can never study eNOugh. Love, Dad.

DAUGHTER IN COLLEGE

Did you hear about the banker who was recently arrested for embezzling $100,000 to pay for his daughter's college education?

As the policeman, who also had a daughter in college, was leading him away in handcuffs, he said to the banker, "I have just one question for you. Where were you going to get the rest of the money?"

THE LEAVE APPLICATION

From an employee who was performing the "mundan" ceremony of his 10-year-old son: "as I want to shave my son's head, please leave me for 2 days..."

KNOCK ON WOOD

Three sisters, ages 92, 94 and 96 live in a house together. One night the 96-year-old draws water for a bath. She puts her foot in and pauses. She yells to the other sisters: "Was I getting in or out of the bath?"

The 94-year-old yells back: "I don't know. I'll come up and see." She starts up the stairs and pauses.

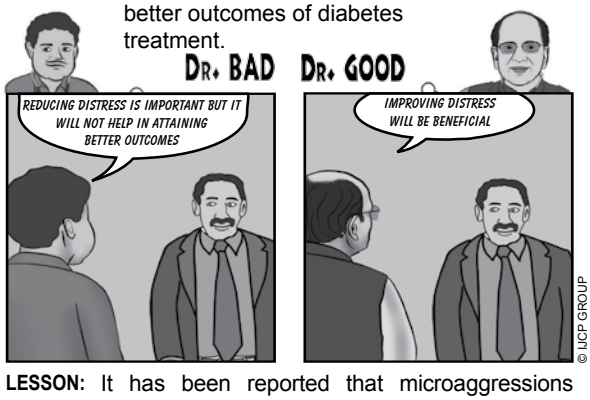
"Was I going up the stairs or down?"

The 92-year-old is sitting at the kitchen table having a cup of tea listening to her sisters.

She shakes her head and says" "I sure hope I never get that forgetful, knock on wood." She then yells: "I'll come up and help both of you as soon as I see who's at the door."

Dr. Good and Dr. Bad

SITUATION: A 54-year-old male with type 2 diabetes was advised to reduce distress in order to achieve better outcomes of diabetes treatment.



LESSON: It has been reported that microaggressions display a positive link with diabetes distress and an indirect association with selfcare via diabetes distress. Ameliorating diabetes distress plays a vital role in managing the disease successfully, reducing the complications and improving self-care even in the presence of chronic social stressors such as microaggressions.

J Behav Med. 2017;41(1):122-9.